# Free School Meals

UNIVERSAL INFANT FREE SCHOOL MEALS - Don't forget if your child is in Reception, Year 1 or Year 2 they can enjoy a meal each day without charge, irrespective of personal circumstances or financial position. However, you still need to register if you are entitled to Free School Meals as this is important and helps schools funding.

FREE SCHOOL MEALS - Low Income - Are you missing out? To check if you are entitled to Free School meal entitlement ask at your school office.

### Order meals online

### Why not order lunch online?

https://www.culinera.co.uk or scan the OR code

- 1. Register your child/children
- 2. Choose your meals
- 3. This works for everyone

Please note if you are unable to take a booked meal, please ensure this is cancelled before 8am or with the school office as the meal will otherwise be charged.

## About Culinera

Our aim is to be a long term partner of the school; so we strive to deliver exceptional food every day. We do this by ensuring our team have the tools and skill to cook fresh food, from scratch every single day.

All of our meals are freshly prepared within the school

kitchen. Our menus are nutritionally analysed to ensure

they meet and, in most cases, exceed standards. We are

committed to constantly reviewing our menus and recipes to

ensure they are healthy. We have also introduced a number

of plant-based recipes to our menus and meat free days to

support the sustainability aspects of our offer.

## Our food



# Summer 2024

### Here comes the sun!

Welcome to the summer term. We hope you had a lovely Easter break.

### Coming up!

This term we are looking forward to celebrating Super Hero Day, Harry Potter, BBQ plus several other exciting theme days so keep a look out for these.

We will also be hold a number of playground tasting sessions, so please come along, meet your Team, give us some feedback and try some of our tasty food!

**KEEP IN TOUCH** You can keep up to date with what is going on by visiting our extranet or App. www.culinera.co.uk







### Summer menu 2024

**Available everyday:** Deli box/offer, filled jacket potatoes, home baked bread, fresh salad bar, jelly, yogurt and fresh fruit.

Week	Day	Mains		Sides	Puddings
15/4, 6/5, 3/6, 24/6, 15/7		Meat	Vegetarian	]	
Week 1	Meat Free Monday	Mac and Cheese	Vegetable sausage roll 💋	Sweetcorn and grean beans	Culinera shortbread 🎡
	Tuesday	Cheese and tomato pizza	Sweet pepper pizza Ø	Wedges and salad	Chocolate sponge cake with chocolate custard
	Wednesday	Turkey with stuffing	Cheesey potato filo pie	Roast potatoes and mixed seasonal vegetables	Carrot cake 🕥
	Thursday	Sweet chilli chicken	Vegetable stir fry 😡	Vegetable rice and broccoli	Ice cream
	Friday	Baked fish fingers 🛹	Quorn sausage 😡	Chips, baked beans and peas	Oat apple cookie 🥨
22/4, 13/5, 10/6, 1/7, 22/7		Meat	Vegetarian	]	
Week 2	Meat Free Monday	Cheese and tomato panini with potato wedges	Mixed bean chilli with fluffy rice	Broccoli and corn	Fruit shortbread 😡
	Tuesdays	Culinera cottage pie 🕖	Culinera vegetable cottage pie 💋	Carrots and green beans	Apple flapjack 💽
	Wednesdays	Roast gammon with Yorkshire pudding	Vegetable and tomato tart 💋	Roast potatoes and seasonal mixed vegetables	Vanilla sponge
	Thursdays	Beef burger	Quorn hotdog 🕨	Wedges and mixed salad	Chocolate rice krispie cake
	Friday	Baked fish finger 🛹	Vegan nuggets 🔍	Chips, peas and baked beans	Oaty biscuit 😡
29/4, 20/5, 17,6, 8/7		Meat	Vegetarian	]	
Week 3	Meat Free Monday	Tomato and basil pasta 🔍	Pesto pasta	Herb baked bread, peas and corn	Flapjack 😡
	Tuesdays	Cheese and tomato pizza wrap	Roasted pepper pizza wrap	Baked wedges and salad	Lemon drizzle cake
	Wednesdays	Sausage and mash	Quorn sausage and mash 💽	Carrots and cauliflower	Apple crumble 💽
	Thursdays	Spaghetti bolognese 🕖	Vegetable and lentil bolognese 🔍	Green beans and broccoli	Iced sponge with sprinkles
	Friday	Chicken nuggets	Quorn nuggets 🔍	Chips, baked beans and peas	Chocolate cookie

Oily FishAdded PlantPower

😡 Vegan

Key

#### **ALLERGY INFORMATION**

We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination. If your child has an allergy or intolerance, please speak to your child's school or the Cook Manager on site for information. **Forms are available through our website or via the school.**