## Free School Meals

UNIVERSAL INFANT FREE SCHOOL MEALS - Don't forget if your child is in Reception, Year 1 or Year 2 they can enjoy a meal each day without charge, irrespective of personal circumstances or financial position. However, you still need to register if you are entitled to Free School Meals as this is important and helps schools funding.

FREE SCHOOL MEALS - Low Income - Are you missing out? To check if you are entitled to Free School meal entitlement ask at your school office.

## Order meals online

Why not order lunch online?
https://www.culinera.co.uk

. Register your child/children
2. Choose your meals
3. This works for everyone

Please note if you are unable to take a booked meal, please

Our aim is to be a long term partner of the school; so we strive to deliver exceptional food every day. We do this by ensuring our team have the tools and skill to cook fresh food, from scratch every single day.

## Our food

All of our meals are freshly prepared within the school kitchen. Our menus are nutritionally analysed to ensure they meet and, in most cases, exceed standards. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

culinera
feeding the future

## Summer 2024

Here comes the sun!
Welcome to the summer term. We hope you had a lovely Easter break.

## Coming up!

This term we are looking forward to celebrating Super Hero Day, Harry Potter, BBQ plus several other exciting theme days so keep a look out for these.

We will also be hold a number of playground tasting sessions, so please come along, meet your Team, give us some feedback and try some of our tasty food!

## Summer menu 2024

| Week | Day | Mains |  | Sides | Puddings |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 15/4, 6/5, 3/6, 24/6, 15/7 |  | Meat | Vegetarian |  |  |
| Week 1 | Meat Free <br> Monday | Mac and Cheese | Vegetable sausage roll | Sweetcorn and grean beans | Culinera shortbread |
|  | Tuesday | Cheese and tomato pizza | Sweet pepper pizza | Wedges and salad | Chocolate sponge cake with chocolate custard |
|  | Wednesday | Turkey with stuffing | Cheesey potato filo pie | Roast potatoes and mixed seasonal vegetables | Carrot cake |
|  | Thursday | Sweet chilli chicken | Vegetable stir fry | Vegetable rice and broccoli | Ice cream |
|  | Friday | Baked fish fingers | Quorn sausage * | Chips, baked beans and peas | Oat apple cookie |


| 22/4, 13/5, 10/6, 1/7, 22/7 |  | Meat | Vegetarian |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Week 2 | Meat Free <br> Monday | Cheese and tomato panini with potato wedges | Mixed bean chilli with fluffy rice | Broccoli and corn | Fruit shortbread |
|  | Tuesdays | Culinera cottage pie | Culinera vegetable cottage pie | Carrots and green beans | Apple flapjack \% |
|  | Wednesdays | Roast gammon with Yorkshire pudding | Vegetable and tomato tart (4) | Roast potatoes and seasonal mixed vegetables | Vanilla sponge |
|  | Thursdays | Beef burger | Quorn hotdog | Wedges and mixed salad | Chocolate rice krispie cake |
|  | Friday | Baked fish finger | Vegan nuggets * | Chips, peas and baked beans | Oaty biscuit |


| 29/4, 20/5, 17,6, 8/7 |  | Meat | Vegetarian |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Week 3 | Meat Free <br> Monday | Tomato and basil pasta | Pesto pasta | Herb baked bread, peas and corn | Flapjack * |
|  | Tuesdays | Cheese and tomato pizza wrap | Roasted pepper pizza wrap | Baked wedges and salad | Lemon drizzle cake |
|  | Wednesdays | Sausage and mash | Quorn sausage and mash | Carrots and cauliflower | Apple crumble |
|  | Thursdays | Spaghetti bolognese 4 | Vegetable and lentil bolognese | Green beans and broccoli | Iced sponge with sprinkles |
|  | Friday | Chicken nuggets | Quorn nuggets | Chips, baked beans and peas | Chocolate cookie |

## ALLERGY INFORMATION

4) Added Plant Power
